

Partnership



Project
Coordinator



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Facilitating intergenerational
solidarity and learning
through building
friendships between
youngsters and elderly

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Context

Older people in Europe tend to face multiple disadvantages, including **loneliness** and **isolation** that have been further aggravated due to the COVID-19 crisis. Their experiences of loneliness and isolation have disproportionately increased, negatively impacting their **physical** and **mental health** and exacerbating their vulnerability and social exclusion.

The pandemic has had serious ramification on young people as well, among other, disrupting their opportunities for active **community engagement**. Yet, there is an evidenced increase of young people's ambition and interest for supporting the most vulnerable members of their communities.

About the project

The **BONDING** project encompasses a strong **intergenerational learning** and **solidarity** aspect, it addresses the need for increasing the opportunities for youth active community engagement through **volunteering**, on the one hand, and the need for strengthened support for elderly in overcoming their experiences of loneliness and isolation, on the other hand.

Results

- E-publication "Mapping the Befriending Landscape"
- Youth Befriending Elderly: E-learning course
- Awareness-raising Toolkit
- Befriending Networking Platform

Objectives



Enhance the capacity of young people, youth and other organisations in establishing and maintaining volunteering services for the support of elderly.

Strengthen young people's sense of initiative and active citizenship through volunteering with elderly.

Foster support for elderly in overcoming social isolation and loneliness.

Promote intergenerational learning and solidarity.

