



CQ+

De-escalating Polarisation
in Europe

C1 Training ‘Challenging your Cultural Bias’
Monday 13th February 23 – Friday 17th February 2023
Athens, Greece

AGENDA

Day 1 – Monday 13.02.2023

Time (Local Time)	Topic
12.00 – 12.30	Welcome
12.30 -13.00	Opening of the Training & Ice breaking activity
13.00 -13.20	Introduction of the CQ+ Project (Aims, Objectives, Results, Interactive Infographics)
13.20 – 15.00	Lunch break
15.00 - 16.00	Introduction to Interactive Infographic 1 ‘My Cultural Bias – Self-Assessing our Own Cultural Bias and Intolerance’ <ul style="list-style-type: none"> • Video
16.00 - 16.20	Coffee break
16.20 – 17.15	Interactive Infographic 1 <ul style="list-style-type: none"> • Digital Breakout • Quiz
17.15 – 18.15	Interactive Infographic 1 <ul style="list-style-type: none"> • Webquest Activity
18.15 – 18.45	End of Day 1 - evaluation
Social Dinner at 19.30 (optional) <i>Location TBC</i>	

Day 2 – Tuesday 14.02.2023

Time	Topic
09.30 – 10.00	Welcome / Arrival coffee
10.0 – 10.15	Recap / Learning about CQ through digital resources



10.15 – 11.15	Understanding the concept of Cultural Awareness - Group Activity/Discussion
11.15 – 11.45	Coffee Break
11.45 – 13.15	Introduction to Interactive Infographic 2 ‘My Culture, My Perspective – Addressing How Our Culture and Our Cultural Values Impact how we view and interpret the world and other cultures’ Activity: Each participant writes 5 stereotypes about 7 countries (Belgium, Ireland, Germany, Greece, Croatia, Spain, Italy) & discuss them.
13.15 – 14.45	Lunch Break
14.45 – 16.00	Exploring the CQ+ Interactive Infographic 2: - Video - Digital Breakout - Quiz
16.00 – 16.30	End of Day 2 – evaluation

Day 3 – Wednesday 15.02.2023

Time	Topic
09.30 – 10.00	Welcome / Arrival coffee
10.00 – 10.35	Recap of Day 2 / Energiser
10.35 – 11.45	Introduction to Interactive Infographic 3 ‘Cultural Awareness and Appreciation – Promoting Unique Perspectives and Lessons that We Can Learn from Different Cultures’ Activity: Each participant writes 1 thing they appreciate from the 7 countries; and discuss.
11.45 – 12.15	Coffee Break
12.15 – 13.30	Interactive Infographic 3: - Video - Digital Breakout - Quiz
13.30 – 14.00	Evaluation & Discussion
14.00 – 15.30	Lunch

Day 4 – Thursday 16.02.2023

Time	Topic
09.30 – 10.00	Welcome / Arrival Coffee
10.00 – 10.35	Recap of Day 3 / Energiser
10.35 – 12.05	Introduction to Interactive Infographic 4



	<p>‘Intercultural Partnerships – Assisting Learners to Work in Multi-Cultural Environments and to Reflect on How we Speak, Act, and Interact in such Environments’</p> <p>Activity: Research Task about Business Culture Relevant to a particular country.</p>
12.05 – 12.35	Coffee break
12.15 – 13.30	<p>Interactive Infographic 4:</p> <ul style="list-style-type: none"> - Video - Quiz
13.30 – 15.00	Lunch break
15.00 – 16.00	<p>Interactive Infographic 4:</p> <ul style="list-style-type: none"> - Digital Breakout - Discussion
16.00 – 16.30	End of Day 4 – evaluation

Day 5 – Friday 17.02.2023

Time	Topic
09.30- 10.00	Welcome
10.00 – 10.35	Recap of Day 4 / Energiser
10.35 – 11.35	<p>Evaluation & Feedback</p> <ul style="list-style-type: none"> - Evaluation - Group Discussion
11.35 – 12.00	End of Day 5 - Workshop Closure
12.30 – 14.30	<p>A walk to Lycabettus hill (optional) (15mins walking distance to the funicular point)</p> <p>Ticket price for the funicular: 10€ per person roundtrip 7€ per person one way</p>

Partners:



Website: <https://cqplus.eu/>