



creative care



The Role of Art in Older Persons' Health & Well-being

8 October 2024

14.00 - 15.00 CET



Join Us

for an enlightening online event on the **8th of October 2024** at 14.00 CET where we, along with distinguished experts, will discuss and present how the combination of health and well-being, art, and creativity can enhance social participation and inclusion of older people. Additionally, we will examine the significant ways art can alleviate stress and anxiety within healthcare settings.

Our goal is to promote the participation of older people in creating and implementing art practices in healthcare environments. This will be achieved through socially engaged, inclusive, and participatory art processes, grounded in an intergenerational learning approach.

Whether you are a VET provider, healthcare professional, artist, professional or enthusiast in the field of ageing and the well-being of older people, your presence will undoubtedly enrich the conversation.

*Together,
we can explore the
transformative power
of art in health
and well-being
in older age.*

Event Details

Date: **8 October 2024**
Time: **14:00 - 15:00 CET**

REGISTER HERE

Registration is free but required.

Agenda

15:00 - 15:10 Welcome and Introduction

Gabriela Achihai, Fundatia de Sprijin Comunitar (FSC), Romania

15:10 - 15:20 Presentation: Creativity: The key of healthy aging

Stella Vagena, Psychologist MSc - Trainee Systemic Psychotherapist at Day Care Center Ariadni, Greece

15:20 - 15:30 Presentation: Combined Arts and intergenerational activities for Well-being in Older Age

Vivi Raba, Social Work Practitioner, Programme Supervisor at Fundatia de Sprijin Comunitar (FSC), Romania

15:30 - 15:40 Presentation: The importance of well-being for older people

Julia Preissecker, Residential Area Management at the Elderly Nursing Home St. Franziskus, ÖJAB, Austria

15:40 - 15:50 Presentation: Good Practice Guide & Recommendations for VET Providers

Ioana Caciula, Habilitas Foundation, Romania

15:50 - 16:00 Questions and conclusions

Gabriela Achihai, Fundatia de Sprijin Comunitar (FSC), Romania



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