



MINDSET

About the project

MINDSET is an Erasmus+ KA2 project that aims to create tools to prepare youth organizations and youth workers to identify the early signs and prevent the development of gaming disorder among youth.

The Partnership



Want to find out more?

Visit our social media pages!



@mindseterasmusproject

Playbook for digital well-being

How young people can develop balanced gaming habits

The **MINDSET – Playbook for Youth** targets **young people** and entails information on gaming disorder, risk factors, dangers, consequences, healthy and balanced gaming and ways to recognize the symptoms of gaming disorder.

This way, it increases awareness of gaming disorder and **helps young people protect themselves against problematic gaming behaviours.**

Click [here](#) to access it!



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Organisational change guide for youth organisations



- Information on organisational changes
- Guidance on strategies and methods
- Innovative resources and tools
- Addressed to any type of youth organisation




SCAN ME 

2nd Meeting in Nantes, France

The consortium met in France in October to discuss the project's next steps and wrap-up the results presented above. It was a very productive gathering!



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What's next?

With the completion of the project's first two results, the partnership is motivated to move forward with result 3!

The consortium will organise a **Learning Teaching Training Activity**, in Vienna, Austria, for Youth Workers and Project Managers to test the Capacity Building Program training materials that will be developed.

We are thrilled to share our work with the end users and look forward to getting their precious feedback.

Partners will continue to implement the **stakeholders' meetings**, sharing the project's results, and gathering inputs and insights about the project.

Things are looking bright for the prevention of Gaming Disorders in Europe!

Stay tuned for more!

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