

# Participatory Art Programmes for Older People in healthcare settings

# **Creativity that transforms care**

Online resources designed to elevate eldercare by equipping professionals with the power of participatory arts.

## Wellbeing through participation:

- 45
- Empower through creativity
- Inclusive activities
- Support and guidance
- Engage creatively
- Arts in action

#### Key resources and opportunities:

Strategic communication tools

Accessible knowledge

**Engagement** opportunities

# Connecting through creativity: Workshops, conference & training

Digital platforms, Social media & events for elderly care professional

- Participatory arts for wellbeing: Activities and practices that support elders' mental, emotional and physical health.
- Intergenerational connections: Creative programmes designed to build understanding and collaboration across age groups.
- **Funding and resource access:** Guidance on combining local and EU funding to develop sustainable arts initiatives.
- **Identity, empathy and inclusion:** Using arts-based approaches to strengthen personal identity, empathy, and social inclusion.
- **Communication and engagement:** Project visual identity, website, social media, and events to share knowledge and inspire professionals.

#### Creative Care: Engaging arts for wellbeing

### Interactive workshops: Hands-on Creative Care

- Live and online sessions on participatory arts
- Promoting mental, emotional and physical wellbeing
- Designed for professionals

### Creative Care Final Conference: Athens 2025!

- Interactive sessions
- Dissemination tools and resources
- Strengthening the professional network

Creativity in care is simpler than you imagine and now you have the tools to make it happen!











