Participants' Packing List

A packing list for participants of a nature restoration camp. Remember to consider your local settings!

- jacket and pants for restoration work (might get dirty)
- waterproof jacket and pants
- suitable outdoor clothing (what time of the year is it?)
- shirts
- underwear
- extra clothes (in case of rain etc.)
- outdoor shoes, rubber boots
- towel (and a swimming suit)
- personal hygiene products
- possible personal medication
- day backpack
- big water bottle
- headlamp
- outdoor plate/bowl, mug and eating utensils
- tent and sleeping bag, or sheets (where is the accommodation?)
- sunscreen
- insect repellent
- sunglasses
- tick remover
- suitable hat for the weather conditions
- portable charger/powerbank – if needed