

BRIDGING PARADIGMS

Elevating Older Adults' Psycho-Social Health through Digital Literacy

THE FIRST STEPS

The first 9 months of 2026 have been very demanding for the project partners. Following the kick-off meeting, 328 interviews were developed and conducted with professionals/educators, families/caregivers and older people. As a result of these, the key topics for developing the platform's modules were identified.

PARTICIPANTS INVOLVED IN THE RESEARCH

182

Older Adults (65+)



69

Professionals/Educators



77

Families/caregivers



Co-funded by
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. 2025-1-SK01-KA220-ADU-000353705

TRAIN -THE -TRAINERS IN GREECE

The project partners will gather for the second transnational meeting and the train-the-trainers session from 12 to 16 October 2026 in Athens, Greece.

Set against the backdrop of the ancient wonders of the Acropolis, the partners will present to around 30 professionals/educators the contents that will feature on the platform and which will help transform day centres into digital hubs.



coordinator

CONSORTIUM



VIA CARPATIA
EGTC



partners



Co-funded by
the European Union

Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Education and Culture Executive Agency (EACEA). Neither the European Union nor EACEA can be held responsible for them. 2025-1-SK01-KA220-ADU-000353705